

PROMOTE: NE
**Preventing Risks Of Mental illness Onset and Treating Early in the North
East of England**

16th May
Joachim Room
College of St Hild and St Bede
Durham DH1 1SZ

Approximately **10% of children and young people (CYP) suffer from a mental health illness** and yet up to **3 out of 4 of these CYP do not receive an appropriate intervention**. It is a national and local priority to provide early intervention that both promotes emotional wellbeing and resilience and prevents the onset of clinical disorders. The twelve local authorities in the North East, through the Institute for Local Governance, commissioned Fuse researchers to gain more information on these issues from (1) the scientific literature, (2) mapping of local services, and from (3) the perspectives of both CYP and people that work with and care for CYP. These work streams aimed to understand which interventions (and in which contexts) are best suited to improve the mental health of CYP.

This workshop aims to feedback what have been identified as 'best bet' interventions for CYP aged 12 to 19. We aim for the workshop to be interactive so that delegates can discuss their views of the findings, communicate their own experience, and make suggestions on how to improve the implementation of these interventions in the North East.

The workshop is suitable for commissioners, people working with young people and their mental health concerns (teachers, healthcare professionals, and community support services), parents and carers of young people and young people themselves

Registration from 9:30 – 10am

10:00-11:00 – Key findings from the report

11:00-11.15 – Break

11.15-12:00 – Discussion of potential barriers to delivery

12:00-12.30 – Identifying possible solutions for service delivery

12.30-1300 – Summarising findings and next steps

Lunch 13:00 – 14:00

To book a place at this event, please contact Janet Atkinson at the Institute for Local Governance:
janet.atkinson@durham.ac.uk or 0191 334 9290

This event is free of charge to attend